



***The Oasis in Kanata*** invites you to attend a **safeTALK** workshop on Saturday, April 16, from 9 am to 12:30 pm at Glen Cairn United Church, 140 Abbeyhill Drive, Kanata.

Given by the ***Canadian Mental Health Association***, the **safeTALK** workshop helps to prepare participants to identify and engage people with thoughts of suicide and connect them with further help and care.

Register *today* to ensure a place by sending an Email to [\*\*OasisManager@TheOasisKanata.ca\*\*](mailto:OasisManager@TheOasisKanata.ca).

The cost is only \$10, payable on the day of the workshop. If paying by cheque, please make the cheque payable to "*Glen Cairn United Church*" with "*safeTALK workshop*" written on the Memo line.